

Product Specification

Chocolate Mud Muffin

Product Description

Decadent chocolate mud muffins. Free of wheat, gluten, dairy, nuts and yeast. Safe for people with fructose malabsorption allergies.

Product Codes and Pack Sizes

APN: 9337294000913

Pack Size: 4 * 75 g muffins per pack.

Ingredients

Gluten free flour mix (tapioca flour, potato starch, rice flour, modified tapioca starch), sugar, raising agents (450, 500), emulsifiers (471, 481), cocoa powder (10%), salt, xanthan gum (415), **eggs**, nature identical flavour.

Nutritional Information

Servings per Package: 4 Serving Size: 75g		Per Serve	Per 100g
Energy		1,200 kj	1,600 kj
Protein		2.9 g	3.8 g
Fat	Total	10.6 g	14.1 g
	Saturated	1.7 g	2.2 g
Carbohydrate	Total	45.3 g	60.4 g
	Sugars	30.5 g	40.6 g
Sodium		170 mg	227 mg
Gluten		Nil	Nil

Storage Instructions

Keep frozen at or below -18° C.

Shelf Life

Best before twelve months from date of manufacture. Once thawed, keep refrigerated at or below 4° C and consume within fourteen days.

Country of Origin

Made in Australia from at least 70% Australian ingredients.

Certification

HACCP Certified by Food Hygiene Australia.



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"Real Food – Gluten Free™"

Allergen Declaration

Allergen	Present (Yes/No)?	Comments (if "yes")
Added sulphites > 10 mg/kg	No	
Bee pollen	No	
Cereals containing gluten and their products.	No	
Crustacea and their products	No	
Egg and egg products	Yes	
Fish and fish products	No	
Milk and milk products	No	
Nuts, sesame seeds and their products	No	
Peanuts and their products	No	
Propolis	No	
Royal jelly	No	
Soybeans and their products	No	
Yeast and derivatives	No	

Other Sensitive Substances

Substance	Present (Yes/No)?	Comments (if "yes")
Allium derivatives	No	
Allium genus (onion, spring onion, leek, garlic, other)	No	
Animal & derivatives	Yes	Eggs present.
Antioxidants: BHA, BHT, tocopherols	No	
Antioxidants: other	No	
Artificial sweeteners	No	
Corn and derivatives	No	
Flavour enhancers including MSG	No	
Herbs and spice extracts	No	
Hydrolysed vegetable protein	No	
Legumes	No	
Preservatives	No	

Dietary Status

Free from added MSG	Yes	Lacto-ovo	Yes
Free from artificial colour	Yes	Lacto-	No
Free from artificial flavouring	Yes	Vegan	No
Vegetarian	Yes	Suitable for coeliacs/gluten intolerant	Yes
Suitable for fructose malabsorption allergy sufferers	Yes	Low FODMAP	Yes

Other Status

Kosher	No
Halal	No
Genetically Modified	No
Irradiation	Not treated
Ethylene Oxide	Not treated